

**Sexual Assault Individual Counseling**  
**5100YZI-a (RATE: \$64/Hour)**

**Service Description:** A comprehensive counseling program that is designed to treat children, adolescents, and young adults who have exhibited inappropriate sexual behaviors or are at risk for such behaviors. This program emphasizes an active skills building model in which participants learn about sexual assault, its potential consequences as well as appropriate sexual behaviors.

**Sexual Assault Group Counseling**  
**5120YZG-a (RATE: \$32/Hour)**

**Service Description:** A comprehensive counseling program that is designed to treat children, adolescents, and young adults who have exhibited inappropriate sexual behaviors or are at risk for such behaviors. This program emphasizes an active skills building model in which participants learn about sexual assault, its potential consequences as well as appropriate sexual behaviors.

**Healthy Relationships**  
**5704YZH-a (RATE: \$32/Hour)**

**Service Description:** This program will provided youth with information and knowledge of how to start developing healthy relationships. Healthy Relationships sessions will include the following topics: - Sexually Transmitted Disease - Adolescent Development and Relationships - Developing Friendships First - Dating as an Adolescent - Learning About Unhealthy Relationships - How to Build a Healthy Relationship - Media, Pornography and Manipulation - Empowerment and Making Personal Positive Choices

**Aggression Replacement Training**  
**5565ART-a (RATE: \$35/Hour)**

**Service Description:** Aggression Replacement Training (ART) is a cognitive-behavioral intervention designed to help children and adolescents improve social skill competence and moral reasoning, better manage anger, and reduce aggressive behavior. ART program is designed to be delivered in a group format comprising of 30 hours. (Two ART certified providers must facilitate each group). ART program is a multi-model intervention consisting of three components: 1. Skill Streaming - an intervention in which a 50-skill curriculum of prosocial behaviors is systematically taught to chronically aggressive adolescents. 2. Anger Control Training - primary objective is to teach youth to control and better manage their anger. 3. Moral Reasoning - cognitive intervention component of ART designed to enhance youths' sense of fairness and justice in the world and provide opportunities to discuss their responses to problem situations taking perspectives other than their own (perspective taking) into account that represent a higher level of moral understanding. Moral reasoning training promotes values that respect the rights of others and help youth want to use the interpersonal and anger management skills taught. Lessons in this program are intended to address the behavioral, affective, and cognitive components of aggressive and violent behavior. Incremental learning, reinforcement technique, and guided group discussion enhance skill acquisition and reinforce the lessons in the curriculum. \*\*See DCSD Aggression Replacement Policy #022 for additional program components

**Youth/Family Clinical Counseling**  
**5118YYC-a (RATE: \$64/Hour)**

**Service Description:** This service involves goal-directed, face-to-face psychotherapeutic interventions provided to an individual and/or family caregivers. Youth/Family Clinical Counseling encompasses diagnosis, treatment, and prevention of mental and emotional disorders with the goal of restoring, maintaining, and enhancing social functioning through treatment interventions. Services may be provided in an office setting or in other settings, as appropriate, including the client's home. Services in the client's home should have the goal of building rapport and the establishment of a relationship that will encourage the client to eventually receive this service in an office setting. Providers should strive to provide services that are welcoming, recovery-oriented, integrated, trauma-informed, and culturally competent in order to most effectively meet the needs of individuals and families with multiple co-occurring conditions of all types. This service should include problem solving and take into account criminogenic needs.

**Mentoring**  
**5524YMT-a (RATE: \$22/Hour)**

**Service Description:** A mentor is a person engaged to develop a one-on-one relationship and function as both a positive role model and advocate for a child or adolescent in his/her family system. Children should be matched with mentors based on their strengths, needs and interests. A mentor could be involved in a variety of activities with a child, with the focus including recreation, special school projects, social skills and peer relationship building, personal care/hygiene/exercise, etc. Direction, consultation and support are to be provided by the HSW. The time commitment requested from the mentor would be a minimum of one year.

**Youth/Family Clinical Counseling**  
**(sexual assault survivors specific)**  
**5118YYC-a (RATE: \$64/Hour)**

Assist youth in healing from sexual abuse, better understand common reactions to trauma, and find new ways to cope and manage the symptoms of past abuse. The service will work with families to ensure the safety and healing of youth who have been sexually abused. The service will provide research-based therapeutic intervention and education for youth and their caregivers if applicable to prevent and heal the trauma of sexual assault.

**AODA Education Group**  
**YEACCC-a (RATE: \$25/Hour)**

Agencies providing AODA Education must have a current approved educational curriculum on file with CCSN Administration. The curriculum must note the areas to be covered in the process, including but not limited to, accurate and reliable information regarding the effects

of drug and alcohol use and abuse, myths and misconceptions of alcohol and drug use. A description of the group identifying the target population, objective of the group, and days/times the group meets must be included in the application to provide this service

**AODA Assessment (GAIN)**  
**5001ZXA-a (RATE: \$100/Hour)**

**Service Description:** Agency providers for ZXA use a CCSN-approved assessment tool and make recommendations for the youth's treatment needs (co-occurring, AODA Education, AODA Group Treatment, AODA Individual Treatment or that no further AODA services are necessary). Recommendations should be based upon tool indicators and clinical impressions of the provider. The Assessment should also include asking youth (1) about their goals and, (2) goals for treatment and what they want help with. We are requesting that providers complete a comprehensive assessment that will guide further treatment and planning for the youth that is being assessed. All providers for this service must demonstrate certification in the GAIN instrument (Information for training on the GAIN assessment can be provided to those who request it).

**AODA Group Counseling**  
*(preferred "Prime for Life" method)*  
**5121ZXG-a (RATE: \$32/Hour)**

**Service Description:** This service must be accomplished in a group setting in a Community Substance Abuse Services Clinic (CSAS) or a certified Outpatient Mental Health Clinic under DHS 75 guidelines. A description of the group identifying the target population, objective of the group, and days/times the group meets must be included in the application to provide this service.

**AODA Individual/Family Counseling**  
*(preferred "Teen Intervene" method certification)*  
**5101YAT-a (RATE: \$64/Hour)**

**Service Description:** Individual /family counseling related to AODA issues provided in a licensed Community Substance Abuse Services Clinic (CSAS) or certified Outpatient Mental Health Clinic under DHS 75 guidelines. Providers should strive to provide services that are welcoming, recovery-oriented, integrated, trauma-informed, and culturally competent in order to most effectively meet the needs of individuals and families with multiple co-occurring conditions of all types. Providers of this service instill hope, by asking a client about their goals for a happy life and inspiring a belief that they will work with the client to achieve their vision. Counseling should invest in the social development of the client by helping them process information, learn from their experience, control their impulses and understand how their actions affect other people. This service should include problem solving, the development of a sobriety plan and take into account criminogenic needs.

**Parent Assistance**  
**YPECCC-a (RATE: \$20/Hour)**

**Service Description:** This service will provide a comprehensive and collaborative Parenting Assessment to determine what areas the client/parent or caregiver may need enhancement or additional support in order for the client to be successful. The assessment should be completed in conjunction with the client/parent or caregiver and should result in an agreed upon Parenting Assistance Plan that will specifically address the areas identified for needing additional support or enhancement. This service is designed to support and/or enhance the client/parent/caregiver's parenting skills as identified and/or with their household organization in order for it be a clean, safe environment. The parent assistant teaches, models, and monitors appropriate child-rearing strategies and techniques and household management skills. Provides information on child development, age appropriate behavior and parental expectations, and childcare activities. Includes assisting the child and family with securing basic resources such as food, clothing, medicine, access to support groups, etc. Provides training and assistance with routine household tasks and household management techniques related to the caregiver acquiring the skills and competencies necessary to become self-sufficient. This service should be structured to meet identified needs/goals within 90 days. Service is offered to parents of youth involved with DCSD as well as expecting youth.